



*(Pictured at the Women's Resource Center in Hickory are
(l) Cindy Rose, Executive Director and Twila Hartford, Community Support Coordinator)*

CVPA Makes Donation to the Women's Resource Center

In connection with one of its Community Involvement Projects for 2010, Catawba Valley Paralegal Association, Inc. recently presented a \$500.00 check to the Women's Resource Center.

The WRC is located at 125 3rd Street NE in Hickory, and provides life transition services, enrichment programs and crisis assistance for its clients. The mission is to improve women's lives and empower women to achieve their fullest potential. It's their belief that the center is a resource for women that benefits everyone. WRC recognizes that everyone faces difficult situations at various times in their lives. *"Sometimes (the challenges) are brought on because of a specific situation. Genetic and biological factors also can play a role. Whatever the reason, it's important to know you can ask for help. Working with a trained, licensed counselor about your issue(s) can be powerful and rewarding experience. To begin the work of changing the situation and taking back control of your life, you are going to need some tools. First you need to identify the problem, then make a step-by-step plan to tackle it. You'll need to find out what resources are available to help you and to get as much information as you can. Source: WRC website.*

For a complete listing of items that the WRC needs including clothing for the Women2Work clothes closet, panty and other requests, visit their website at: <http://www.wrchickory.org/> There is always a need for donated personal products for women and their families, including toothbrushes, tissue, toothpaste, dental floss, shampoo, shaving razors, deodorant and paper towels. In 2009 1205 pounds of personal products and 1,330 pounds of cleaning products were provided to center clients, and 110 women were provided with a total of 274 articles of clothing for use in job interviews and work-related needs.



WRC Staff (l to r) Twila Hartford, Cindy Rose and Susan Huttman.



Personal supplies available from the Pantry at WRC.



Some of the items available at the WRC Women2Work clothes closet.